

## WALKING MUM'S CLUB A COMMUNITY OF MUMS WHO SHARF, CARE, SUPPORT AND LISTEN

WHILST WALKING WITH BABES IN TOW.

## Walk and Talk - Infant feeding

COME JOIN US FOR OUR FIRST NORTH MANCHESTER 'WALK AND TALK' WHERE WE WILL BE COVERING INFANT FEEDING WITH OUR INFANT FEEDING TEAM.

THURSDAY 20TH OCTOBER, 10AM -12PM AT THE LAKESIDE CAFE, BOGGART HOLE CLOUGH.

TEA, COFFEE, CAKE, PROVIDED

- WALK WITH AND MEET THE WMC MUMS ACROSS NORTH MANCHESTER
- GAIN AN UNDERSTANDING AND ASK QUESTIONS ON INFANT FEEDING
- HAVE YOUR SAY ON HOW WE SHAPE THE FUTURE OF WALKING MUMS CLUB

FIND US ON FACEBOOK AND INSTAGRAM: @WALKINGMUMSCLUB AND USE <u>eventbrite</u> or the QR code to book your free ticket, places are limited



Service



Manchester Wellbeing Func

