

## WALKING MUM'S CLUB

A COMMUNITY OF MUMS WHO SHARE, CARE, SUPPORT AND LISTEN WHILST WALKING WITH BABES IN TOW.

## Walk and Talk - North Manchester - Baby Wellbeing

COME JOIN US FOR OUR NORTH MANCHESTER 'WALK AND TALK' WHERE WE WILL BE ANSWERING ALL YOUR QUESTIONS ON BABY WELLBEING.

THURSDAY 15TH DECEMBER, 10AM -12PM AT THE LAKESIDE CAFE, BOGGART HOLE CLOUGH.

TEA, COFFEE, CAKE, PROVIDED

- WALK WITH AND MEET THE WMC MUMS ACROSS NORTH MANCHESTER
- GAIN AN UNDERSTANDING, TIPS AND TRICKS ON BABY WELLBEING
- HAVE YOUR SAY ON HOW WE SHAPE THE FUTURE OF WALKING MUMS CLUB

FIND US ON FACEBOOK AND INSTAGRAM: @WALKINGMUMSCLUB AND USE <u>EVENTBRITE</u> OR THE QR CODE TO BOOK YOUR

FREE TICKET, PLACES ARE LIMITED









