# What's On



## **MONDAY**

- Stay and Play 10-11.30am- St Clements Children's Centre
- Startwell Mentors 12.30-2pm
- After School Club 3-6pm
- Table Tennis 6-7.15pm

# **TUESDAY**

- Talk English ESOL classes 9.30am & 12.30pm Term Time
- Baby Sensory 1.15pm-2.15pm- St Clements Children's Centre
- Digital Skills Online Support Drop-in 12.30-2.30pm
- Online Citizens Advice Sessions drop in 2.30-4.30pm
- Food Pantry 3-6pm
- After School Club 3-6pm
- Club Thrive Youth Club (8-11yrs) 6-7.45pm
- The Link up Youth Club (12-14yrs) & (14-18yrs) 6.30-8.15pm

### **WEDNESDAY**

- Well-Being Wednesday plus free lunch 9.30am-1pm Term time
- Be Well 10am-3pm By appointment
- One Money Advice 9am-3pm By appointment
- Well-Being Women 11am-12.15pm
- After School Club 3-6pm

#### **THURSDAY**

- Practise English Conversation Club 10am 12.30pm with free lunch
- Craft Club 12.30-2pm
- After School Club 3-6pm
- Inspiring Women 5.30-7pm Bi Weekly

#### **FRIDAY**

- Stay & Play 10-11.30am St Clements Children's Centre
- Stay & Play 12.30-2pm St Clements Children's Centre (run by parents)
- Standing Tai Chi 10.30-11.30am -£5 per session
- Seated Tai Chi 11.45am-12.45pm £5 per session
- After School Club 3-6pm
- CeeBee Gold Gentle excercise 4-6pm
- Family Well-Being & Craft 4-6pm

www.manchestersettlement.org.uk

@ @manchestersettlementcommunity

@manchestersettlementcommunity



@McrSettlement

Please note
our timetable may
change occasionally,
visit our website or
social media pages
for updates.